



**TRAINING AND EMPLOYMENT
OPPORTUNITIES FOR PEOPLE
WITH DISABILITY**

Monday to Friday 7:30am - 2:30pm

A Carpentaria and Karen Sheldon Group joint initiative





Sunrise Items


Granola, Yoghurt & Berry Bowl | 7.5

Crunchy baked maple granola with coconut yoghurt, coconut flakes, fresh seasonal fruits and Kakadu plum sprinkle  

Chia Berry Pudding | 6

Chia Pudding topped with berry coulis, coconut cream and Davidson plum sprinkle  

Fruit Salad | 6

Freshest selection of seasonal fruit  



Gourmet Toasties & Buns

Classic Bacon & Egg Bun | 10

Free range eggs, crispy bacon and house BBQ relish on soft milk bun


Ham, Cheese & Pickles Toastie | 10

Fresh sliced leg ham, cheddar cheese, dill pickles, rocket, seeded mustard & mayo on sourdough

The Reuben | 10

Corned beef, Swiss cheese, sauerkraut and Russian sauce on sourdough

Smoky Beans | 10

Slow cooked smoky house beans with cheddar on sourdough 

Chicken Deluxe | 10

Sous vide chicken, chargrilled capsicum, avocado, cream cheese, tasty cheese and rocket on ciabatta



Regular Daily Bites

Bacon and Cheese Mini Quiches | 4.8

Vegetarian Mini Quiches | 4.5

House Baked Scones | 5.5

With seasonal fruit jam and fresh whipped cream 

Savoury Vego Muffins | 5.5

Pumpkin, spinach, fetta and ricotta 

Homemade Pies | 6.8

- Creamy chicken and vegetable
- Chunky beef
- Steak and mushroom
- Beef, bacon and cheese


Homemade Sausage Rolls | 6.5

Served with homemade tomato sauce



Fresh Made Sandwiches & Wraps

Roasted Vegetable | 8.5

Roasted and fresh seasonal vegetables with hummus and vegan mayo 

Creamy Egg and Lettuce | 8.5

Roast Chicken, Salad and Chutney | 8.5

Roast chicken, assorted salad ingredients, tasty cheese and fruit chutney

Classic Ham, Cheese, Tomato | 8.5

Smoked ham, aged cheddar cheese, sliced tomato and corn relish

Gluten Free Bread available | +1



Chef's Selections

Fresh Made Salads | 12

Check the Daily Specials for today's salad
+ Add as a side salad | 6

Hot Dish of the Day | 16

Check the Daily Specials for today's hot dish

Fresh Baked Cakes & Slices | FROM 4

Check the Daily Specials for the Chef's selections of delicious sweet treats

 **Gluten free**

 **Vegetarian**

 **Vegan**



Hot Drinks

Coffees | FROM 4

Cappuccino, latte, flat white, short black, long black, macchiatto, piccolo latte

Add an extra shot or syrups | +1

Babychino | COMPLIMENTARY

Mocha, Hot Chocolate or Chai Latte | FROM 4

Teas | TAKEAWAY 4.5 | POT FOR ONE 4.5



Cold Drinks

Crazy Billy Goat Smoothie | 8.5

Crazy Acres Mango Farm mangoes mixed with Billy Goat Plums (common name of Kakadu Plum) to give that Territory kicker! Also featuring almond milk, yoghurt and local honey

Super Juice | 8.5

Detox Juice - carrot, apple, ginger and lemon

Freshly Squeezed Orange Juice | 6.5

Homemade Iced Coffee | 8.5

Homemade Iced Mocha | 8.5

Homemade Iced Chocolate | 8.5

Milkshakes | 7.5

Chocolate, vanilla, strawberry, caramel

From the Fridge

- Softdrinks and juices | 3.8
- Water | 3



carpentaria



karen sheldon
training

Our Partnership

Carpentaria is proud to work in partnership with Karen Sheldon Training to deliver training and workplace opportunities for people with a disability. Offered as part of Carpentaria's Pathways Program, NDIS participants with an interest in kitchen and barista skills can work towards recognised qualifications at their own pace and in a supportive environment.

Carpentaria has a long history of delivering disability services to Territorians and is committed to innovative and flexible services which empower people to thrive and live a great life.



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